A. THE SOURCE

Matthew 5:3-12 (NIV) • “Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they will be comforted. Blessed are the meek, for they will inherit the earth. Blessed are those who hunger and thirst for righteousness, for they will be filled. Blessed are the merciful, for they will be shown mercy. Blessed are the pure in heart, for they will see God. Blessed are the peacemakers, for they will be called children of God. Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven. Blessed are you when people insult you, persecute you and falsely say all kinds of evil against you because of me. Rejoice and be glad, because great is your reward in heaven, for in the same way they persecuted the prophets who were before you.”

Psalm 41:1 (NIV) • “Blessed are those who have regard for the weak; the Lord delivers them in times of trouble.”

Psalm 84:12 (NIV) • “Lord Almighty, blessed is the one who trusts in you.”

Psalm 112:1 (NIV) • “Blessed are those who fear the Lord, who find great delight in his commands.”

Psalm 119:1, 2 (NIV) • “Blessed are those whose ways are blameless, who walk according to the law of the Lord. Blessed are those who keep his statutes and seek him with all their heart.”

Psalm 128:1 (NIV) • “Blessed are all who fear the Lord, who walk in obedience to him.”

Proverbs 8:32 (NLT) • “And so, my children, listen to me, for all who follow my ways are joyful.”

“There are two kingdoms in this world, the kingdom of Christ and the kingdom of Satan. To one of these kingdoms each one of us belongs. In His wonderful prayer for His disciples, Christ said, ‘I pray not that thou shouldest take them out of the world, but that thou shouldest keep them from the evil. Sanctify them through thy truth: thy word is truth. As thou hast sent me into the world, even so have I also sent them into the world’ (John 17:15-18)” (God’s Amazing Grace, p. 97).

(See additional passages in student material. Also: The Acts of the Apostles, p. 478; The Desire of Ages, p. 509; Christ’s Object Lessons, p. 77.)

B. WHAT’S TO BE SAID ABOUT “THE TWO KINGDOMS”

Followers of Christ live “in the world” but are loyal citizens of “another world.” The place where God’s rulership begins is in the hearts and minds of people.
There is one guiding principle that characterizes God’s kingdom—that is love. And the struggle for us is to actually live out God’s grace. In the kingdom of this world one principle seems to rule supreme—self first. And the struggle is for success. The focal point of one kingdom is self-interest. The focal point of the other is pleasing God and serving others.

The by-products of pleasing God are unmistakable—joy, peace, power, security, happiness. The kingdom of this world claws its way to happiness, only to have it slip right through its hands. But true happiness comes to those who are living their lives to put a smile on God’s face. The Beatitudes describe people who are experiencing true happiness. And why are they happy? The Beatitudes are the constitution of God’s kingdom. Citizens of God’s kingdom are described as people who are “blessed,” when they are living a life true to the constitution of their heavenly kingdom.

C. WHERE WE’RE GOING WITH “THE TWO KINGDOMS”

As a result of this lesson we would like the students to be able to:
1. Understand the nature and purpose of the Beatitudes.
2. Discover the benefits of citizenship in God’s kingdom.
3. Practice these selfless principles in this self-centered world.

D. MATERIALS NEEDED

**Beginning** • (Activity A) paper, markers, other art supplies; (Activity B) towel, basin, or plastic-covered table; raw egg, cup of water, scoop of crushed ice (or ice cream); means of cleaning up.

**Connecting** • Bibles, chalkboard or flipchart, student lessons.

**Applying** • Paper, pens or pencils.
vertising the kingdom of this world satirically) and (2) they need to include the message of the Beatitudes in the ad or as many of the Beatitudes as possible.

Get set • Have the students all find, and ask volunteers to read aloud Matthew 5:3-12. Then, in your own words, summarize the major thoughts in What’s to Be Said About God’s Kingdom in the Preparing section above.

Go • Say: How would you advertise citizenship in the kingdom of God to someone else? Based on your understanding of the Beatitudes, what would be your tag line, your advertising gimmick, your approach to selling people on the kingdom of God versus the kingdom of this world? Include the positives and negatives (we want to be truthful in our advertising) of the kingdom. Give them a time limit.

When the time is up, call them back together to share their creations.

Debriefing • Ask: Based on the ads, what could you say about the character qualities of each kingdom? (When we advertise God’s kingdom, there are some potential negatives while we’re living in the territory of the other kingdom, but the outcome is something we can sell.) How do you think citizenship in God’s kingdom is best advertised? (People. The qualities of the kingdom are seen only in people.) How are the ads for the kingdom of this world different? (The world doesn’t show you the final outcome, only what you get now for thinking first about yourself.)

B. BEGINNING ACTIVITY

Get ready • You will be using three students and some props to point out the tentative nature of happiness, and the likelihood of its slipping away if that is what you are trying to get hold of.

You can use any or preferably all of the following: an egg that has been cracked over a saucer, water in a glass, a scoop of crushed ice (or ice cream). Do the activity over basin, towel, or covered table. Have a means of washing students’ hands nearby. Choose volunteers who will not show off and take the attention from the point of the activity.

Get set • Ask for three volunteers. The object is to have the students try to get a secure hold of the items. The fact that these are, or will be soon, liquid makes it hard for them to be held on to.

Go • Water—ask the volunteer to hold out one hand while you pour a small amount (¼ to ½ cup) into it. They might be able to cup their hand and contain some of the water. Pour enough so that water begins to leak through their fingers.

The egg—with the egg out of its shell on a small saucer, ask the volunteer to pick it up without lifting or tipping the plate.

The scoop of crushed ice (or ice cream)—again, have the volunteer hold out their hand as you place a full scoop of crushed ice in it. In time the ice will begin to melt and drip.

Debriefing • Ask: What was it like to try to hold on to these items? (From the start I knew there was no way to be able to hold the water. Your hand is absolutely the wrong tool to try to contain water, eggs, or ice.) In what ways is happiness hard to secure and hold on to? (Sometimes I’m happy, sometimes not—it’s all about how you look at life. Or happiness might come to you at times, but so do the hard times as well.) What are the obstacles to happiness? (Selfishness. I think people who are all about themselves rarely find happiness.) To what degree do you think people are really “happy” in their struggle for happiness? (I think some people are happy, but everyone gets disappointed sometimes and is not as happy as they hoped they would be.) Is it possible to be perpetually happy in this life? (Maybe, if you have the right attitude. Or, I don’t think anyone can be perpetually happy as long as sin is still here.)
C. BEGINNING ILLUSTRATION

In your own words, tell the following story:

What Will My Reward Be? One day a fisherman was lying on a beautiful beach with his fishing pole propped up in the sand and his solitary line cast out into the sparkling blue surf. He was enjoying the warmth of the afternoon sun and the prospect of catching a fish.

About that time a businessman came walking down the beach, trying to relieve some of the stress of his workday. He noticed the fisherman sitting on the beach and decided to find out why this man was fishing instead of working harder to make a living for himself and his family. “You aren’t going to catch any fish that way,” said the businessman to the fisherman. “You should be working rather than lying on the beach!”

The fisherman looked up at the businessman, smiled and replied, “And what will my reward be?”

“Well, you can get bigger nets and catch more fish!” was the businessman’s answer.

“And then what will my reward be?” asked the fisherman, still smiling.

The businessman replied, “You will make money, and you will be able to buy a boat, which will then result in larger catches of fish!”

“And then what will my reward be?” asked the fisherman again.

The businessman was getting a little irritated with the fisherman’s questions. “You can buy a bigger boat and hire some people to work for you!” he said.

“And then what will my reward be?” repeated the fisherman.

The businessman was getting angry. “Don’t you understand? You can build up a fleet of fishing boats, sail all over the world, and let all your employees catch fish for you!”

Once again the fisherman asked, “And what then will my reward be?”

The businessman was red with rage and shouted at the fisherman, “Don’t you understand that you can become so rich that you will never have to work for your living again? You can spend all the rest of your days sitting on this beach, looking at the sunset. You won’t have a care in the world!”


Ask: What do you think is the central lesson of this story? (What some people strive after, others have already. The world can be a rat race.) To what degree do you think people consider the long-term effects of the way they live their lives? (I think in some areas of life they consider long-term outcomes, but for the most part I think people are just trying to get through the day.) Why do you think the businessman was getting so mad? (He saw someone who had a different value system, and it is easier to look down on someone than it is to learn from them.)

A. CONNECTING TO THE KINGDOM

Say: One of the most devoted citizens of any kingdom is a soldier. Soldiers believe in and live by a code of honor that protects and builds the kingdom. Their personal comfort and needs come second to the well-being of the kingdom, so much so that they are willing to give their lives for the kingdom. What is clear about soldiers is that they are loyal to their country and well aware of the nature of their enemy.

Ask: What other professionals put their duty before their safety and security? (Police, firefighters, kindergarten teachers!)

Say: John writes this message to a church full of Christians who are struggling to distinguish the kingdom of Christ and the kingdom of this world. “Do not love this world nor the things it offers you, for when you love the world, you do not have the love of the Father in you. For the world offers only a craving for physical pleasure,
a craving for everything we see, and pride in our achievements and possessions. These are not from the Father, but are from this world. And this world is fading away, along with everything that people crave. But anyone who does what pleases God will live forever” (1 John 2:15-17, NLT).

**Ask:** How do you feel about this strong statement John makes about God? (It sounds a bit harsh, but I think God doesn’t want us to get deceived.)

**Say:** As citizens of God’s kingdom our code of honor is about how we relate to God and how we relate to the world around us. The “be-attitudes” are but declarations of “being.” **Blessed** means “Oh, the happiness of the one who . . . “ The Beatitudes are descriptions of “who you are and what you are like” because of the kingdom code (or rules) you live by. In a way, the Beatitudes are like a commercial on the benefits of being in the kingdom of God. Have the students find and read Matthew 5:3-12 together.

**B. CONNECTING TO THE LESSON ILLUSTRATION**

**Ask someone beforehand to tell or read the story from the Sabbath section of the lesson.**

**Ask:** What relevance does this story have to our topic today? Encourage students to notice how both the students and the group leader had a change of heart. **What do you think caused the changes in their attitudes?** (The experience of thinking of others rather than themselves, their opportunity to serve others.) **Which of the Beatitudes do you feel are illustrated by this story?** Have the students turn to Matthew 5:3-12 to find and justify their responses.

**C. CONNECTING TO LIFE**

**Pose the following scenario:**

Stacey wants to live her life boldly as a citizen of God’s kingdom. It is difficult to walk the fine line between being a positive influence and getting swept into her friends’ critical conversations. They can be horrible to others, saying spiteful things behind their backs and often to their faces. She doesn’t want to seem arrogant or better than they are, but she feels guilty for not standing up for her beliefs about treating others with compassion. She wants to include others who don’t have many friends but who would definitely be the subject of misunderstanding or scorn. But these critical people are her friends! What does she do? She feels guilty. She feels ashamed. But she also feels committed to be true to Christ.

If students did not bring their lessons with them, supply them with copies of the Bible verses in Wednesday’s section of the lesson. **Say:** Based on these verses and the Beatitudes we’ve been reading in Matthew 5:3-12, let’s list what we know about both kingdoms. **Ask:** What do we know about God’s kingdom? What does it look like? What are the rewards? As the students discover them and call them out, list the qualities where all can see.

- Has eternal rewards—Matthew 5:3-12
- There will be trouble—John 16:33
- It is totally different from the world—John 14:27
- We will win/overcome—1 John 4:4
- People know grace firsthand—Matthew 5:7; Psalm 32:1, 2

**Ask:** What do we know about the kingdom of this world? What does it look like? What are the rewards?

- The world will promote its ways as right—Proverbs 16:25
- Passes away—1 John 2:15-17
- Promises peace—John 14:27
- Will persecute and falsely accuse those who are different—Matthew 5:11

**Ask:** How do you see the principles about life in both kingdoms relating to Stacey’s problem? (The connection is clear, but it is difficult to make the right choice. Your friends are everything.) **In light of those principles, what do you think she should do?** (I think
she should divide and conquer her friends—it’s easier to talk to them privately than in a group. It seems as if in a group it’s difficult to be really honest about how you feel. Who knows, some of her friends may feel the same way.) Can you think of similar scenarios that these principles apply to in your life? (Honesty with grades, cheating, lying, and covering up stuff for friends. Everyone expects you to be loyal rather than honest.)

5 APPLYING

A. APPLICATION ACTIVITY

Ask: Why are the words “In the beginning . . .” famous? (For introducing the Bible, for introducing people to the beginning of the world as we know it) The Beatitudes are also one of the most memorized sections of Scripture. Why do you think that is? While the words of Christ to His citizens who choose to live in His kingdom are popular, they are rarely internalized.

Divide the students into eight groups. Have each group paraphrase one of the beatitudes (one of the “blessed” from Matthew 5:3-12) in their own words. (For smaller classes, either have fewer groups with each group paraphrasing more than one beatitude, or ask each person to paraphrase one.) You can give the tip that “blessed” means “happy” but instruct the students not to use any of the main words in the passage as it is now (they will have to use the same words necessary to construct sentences—are, they, will, etc.). Direct them to the Monday and Wednesday sections of the student lesson to give them ideas.

Give them a few minutes to write out their group’s beatitude, then have each group read their part in order. Collect all the parts to be written up as your class Beatitudes. (You might prepare this in an artful manner and post it in the room.)

Discuss with the students what they found insightful or particularly meaningful about your class paraphrase. Be sure to affirm each response.

B. APPLICATION QUESTIONS

1. What are some of the short-term benefits of belonging to the kingdom of this world? to the kingdom of God?
2. What are some of the long-term benefits of belonging to the kingdom of this world? to the kingdom of God?
3. What are some real-life examples of people you know who live by the Beatitudes?
4. Think of someone you know who seems to be a living example of one of the beatitudes. Who are they and how do you see the beatitude lived out in their life?
5. What beatitude seems to be the hardest to live by? Why?
6. Rank the beatitudes in the order that you think they are needed in your world today. Explain your order.
7. In the Beatitudes Jesus doesn’t promise more than He can deliver. What promises does “the world” make that it can’t deliver?

6 CLOSING

SUMMARY

In your own words, conclude with the following ideas:

If you contrast Satan’s “empty promise kingdom” with God’s “real world kingdom” the difference is clear. Jesus delivers an engaging, exciting future for those who choose to be citizens of His kingdom. God does not promise that we will never face trouble. As a matter of fact, He all but guarantees trouble. But the benefits of citizenship in His kingdom are still far better than the cheap, temporary, and virtually unreachable rewards that the world promises. The kingdom of the world advertises perpetual bliss but gives only short-term satisfaction. Anyone who looks long enough at the way of life that Satan advertises can see that behind the cheese is a dangerous trap—a promise of fulfillment that never gets delivered. Satan’s kingdom is a sham to be exposed. How many
athletes, movie stars, models, and media heroes do you think lie awake at night wondering why they aren’t happy? Can you think of anyone who was a citizen of God’s kingdom and regretted it at the end? God is honest about the “real world” and what we can expect, both short-term and long-term.
Sabbath
FOR STUDY

» Memory Text: “You are of God, little chil-
dren, and have overcome them, because He
who is in you is greater than he who is in the
world” (1 John 4:4, NKJV).

» Our Beliefs, no. 11, Growing in Christ:
“No longer do we live in the darkness, fear
of evil powers, ignorance, and meaninglessness
of our former way of life. . . . As we give
ourselves in loving service to those around
us and in witnessing to His salvation, His
constant presence with us through the Spirit
transforms every moment and every task into
a spiritual experience.”

» Ellen G. White, Thoughts From the Mount of
Blessing, pp. 19, 20

NOT THOSE BOYS

“Dear God, please don’t send those boys to
my van.”
God wasn’t listening, I concluded.
Several times a year the school devoted a
day to community service. From my viewpoint,
Kenny or Chris were not “service project” mate-
rial. Plopping into the seats Chris complained,
“Where are we going?”
Kenny chimed in, “Why do we have to do
this?”
Although I wanted to say something else I
calmly replied, “We’re going to work at the
battered women’s shelter.”
“Work?” Kenny snorted. “I didn’t even sign up
for this. I think it is stupid!”
It occurred to me that God was not answer-
ing my prayer. We arrived at the shelter and I
met the director while the boys waited anxiously
in the van.
“We really need help planting flowers and
playing with the kids while the women go to
a group session.” She peered into the van and
asked nervously, “Can your team do that for
us?”
Team? I thought. The two stringy-haired,
saggy-dressed teenagers that were half asleep
in the van were anything but a team.
“Come on, gentlemen,” I exaggerated. “I’m
going to paint. Kenny, you are going to play with
the kids. And Chris, you are going to plant the
flowers.”
I prayed one final prayer for God to stop
punishing me, saying, “God, if you are there, I’m
begging you . . .”
My prayer was interrupted by six screaming
children running up to the van, chanting, “Duck,
duck, goose!” Kenny was being pulled from the
van to play a marathon of children’s games. He
looked back desperately for help as his best
friend watched helplessly. I smiled and waved.
Chris looked in horror at the flats of flow-
ers that littered the sidewalk where the fertile
ground waited for their arrival. After the shock
wore off, he examined the site and soberly
began to plant.
As we got ready to leave, children were still
clinging to Kenny’s arms and legs as he dragged
them laughing in the grass. Chris was wash-
ing his hands by the side of the house as the 
women came out of the building to a garden of 
flowers. I watched his eyes as he accepted their 
gratitude. All three of us received a passport to 
another world that morning. It occurred to me 
that being self-absorbed has many faces. 

I thanked God for not answering my 
prayer.—Pastor Troy.

**Sunday**

**RESPONDING**

» Read James 2:5.

» Imagine it’s your first day at high school. 
There are, a few people you recognize but 
many you don’t. You start watching to see 
which kids hang out together. Which groups 
would you try to make friends with? Which 
groups would you feel uncomfortable to be a part of? How is the group you would like to join different from the ones you would not like to join? Why do you think you are making the choice you are?

**Monday**

**BIBLE ANSWERS ON GROWING IN CHRIST**

» Read Psalm 23:4; Galatians 5:22-25; 2 Peter 3:18.

» No matter where we are or what our circumstances are, God is with us. When we trust Him, we do not have to be afraid of anything in this world. As we learn more about Jesus and His love, the Holy Spirit helps us to grow more like Jesus—becoming aware and showing compassion to those who are hurting around us.

» How can I reflect the loving kingdom of God in my life?

» Unscramble the words and use them to fill in the following blanks.

“As you ________ have ________ _____ 
____ the Lord, so walk in Him, _____ and 
built up in Him and __________ in the faith, 
as you have been taught, ________ in it with 
____________” (Colossians 2:6-7, NKJV).

**Tuesday**

**REFLECTING**

» Read John 16:33.

» The whole idea of a “kingdom” may seem unreal today. But even though God’s kingdom isn’t something you can touch with your hands, it is real. Jesus would even say it is more real than the world you are living in. The freedom you feel when you forgive someone is real. The joy people feel when they devote their whole lives to service is real. That’s what makes the kingdom of God real.

» Just look at the “real” world around you. Depression is common. Suicide is on the rise. Consider the music and movies that are popular today. Are people claiming to be happy, fulfilled, full of joy and certainty, meaning and purpose? No, a lot of them are uncertain or disappointed about life.

» Citizens of God’s kingdom face many things, but always with certainty of their future. Always with the knowledge that suffering will end. Always with the joy that being of service in a forever kingdom is better than trying to be king of one that is coming to an end. Is it possible that so many people can be misled as to which kingdom is real and which kingdom is temporary? Obviously they are, and it is for that very reason that we should wear
our citizenship where everyone can see it.

Wednesday
BIBLE INSIGHTS

» Listed below are Bible texts that talk about the lesson. Match the number with the phrase to which the Bible text belongs. You can find the various Bible versions at Biblegateway.com.

1. Psalm 32:1, 2 (NLT)
2. Proverbs 16:25 (NLT)
3. John 16:33 (NIV)
4. John 14:27 (NIV)
5. James 2:5 (NLT)
6. 1 John 2:15-17 (CEV)
7. 1 John 4:4 (NIV)

A. _____ “Don’t love the world or anything that belongs to the world.”
B. _____ “Oh, what a joy for those whose disobedience is forgiven . . .”
C. _____ “You, dear children, are from God and have overcome them . . .”
D. _____ “Peace I leave with you; my peace I give . . .”
E. _____ “There is a path before each person that . . .”
F. _____ “Listen to me, dear brothers and sisters . . .”
G. _____ “I have told you these things, so that . . .”

Thursday
CONNECTING

» Read 1 John 2:15-17.

» Review the memory text

» The desire you have for joy and happiness is there because God put it in you. Life in God’s kingdom may seem foreign now, but the more you think about it the more real it will seem. The opposite kingdom is a place where there is never mercy, only a love of power. It’s where everyone looks out for their own interests and never thinks of others. It’s a pretty scary place.

» In the Beatitudes God seems to be sneaking us a peek of our future home in heaven. It is almost as if God is reminding us, “Don’t make yourself at home in this world, because your home is somewhere else.” Consider the rewards of being part of that kingdom—heirs to the King, children of an awesome Father. God wants us to experience joy more than we know, and while the path of God’s kingdom has challenges, what an adventure to be a part of such a wonderful kingdom!

Friday
APPLYING

» Read Matthew 5:3-12.

» Organize the Beatitudes (Matthew 5:3-12) in order of their relevance to your life. On the chart below, list the three beatitudes that you want most to live by this week. In the second column, focus on a specific arena of your life (example: best friend, teacher, problems with parents, someone who hates you). You might write the name of someone to whom you need to be merciful, or in what arena of your life you want to practice purity, humility, and so on. Be as specific as you can! As you practice the attitude, write in the last column your reflections on what happened and how you might continue to experience the real joy of being an agent of God’s kingdom.